

Commerce Public Schools Weekly Bulletin MARCH 5 - 11, 2007



Monday, March 5

MENU: Breakfast: CEREAL WITH CINNAMON TOAST, JUICE AND MILK Lunch: SALISBURY STEAK, MASHED POTATOES WITH BROWN GRAVY, GREEN BEANS, SALAD BAR, HOT ROLL AND CHOICE OF MILK

ACTIVITIES:

AES: RISE AND SHINE ASSEMBLY

CHS: LUCKY 7 BASKETBALL ALL-STAR GAME - 6:30 PM CHS GYM

Tuesday, March 6

MENU: Breakfast: CHOICE BETWEEN WAFFLES WITH SAUSAGE PATTY OR CEREAL

WITH TOAST, JUICE AND MILK

Lunch: DELI SUB SANDWICH, CHIPS, PICKLE WEDGE, VEGETABLE AND FRUIT BAR,

COOKIE AND CHOICE OF MILK

ACTIVITIES:

AES: TEACHER'S MEETING - 3:15 PM

CHS: HIGH SCHOOL GIRLS FIELD TRIP - 8:30 AM TO 1:00 PM

Wednesday, March 7

MENU: Breakfast: CHOICE BETWEEN CEREAL WITH BIG RING DONUT OR CEREAL

WITH TOAST, JUICE AND MILK

Lunch: TERIYAKI CHICKEN BITES WITH EGG ROLLS, SWEET AND SOUR SAUCE, ORIENTAL RICE, SEASONED PEAS, SALAD BAR, CHILLED PINEAPPLE CHUNKS AND

CHOICE OF MILK

ACTIVITIES:

CMS: TEACHER'S MEETING - 7:50 AM

BASEBALL AT AFTON (1-5) - 3:30 PM

CHS: TEACHER'S MEETING - 7:45 AM

VO-TECH INTERVIEWS AT AFTON CAMPUS

BASEBALL AT MIAMI (7) - 4:00 PM

Thursday, March 8

MENU: Breakfast: CHOICE BETWEEN BISCUIT WITH SAUSAGE GRAVY OR CEREAL

WITH BISCUIT, JUICE AND MILK

Lunch: CORN DOG, WAFFLE FRIES, FRUIT AND VEGETABLE BAR, CHERRY COBBLER

AND CHOICE OF MILK

ACTIVITIES:

CHS: JOSTEN'S TO DELIVER SENIOR ANNOUNCEMENTS - 9:00 AM

BASEBALL VS AFTON (7/3) - 4:00 PM

Friday, March 9

MENU: Breakfast: CHOICE BETWEEN BREAKFAST PIZZA OR CEREAL WITH TOAST

JUICE AND MILK

Lunch: FRITO CHILI PIE, CORN, SALAD BAR, ROSY APPLESAUCE, CINNAMON ROLLS

AND CHOICE OF MILK

ACTIVITIES:

CMS: BASEBALL VS SOUTH COFFEYVILLE (5/5) - 4:00 PM

CHS: BASEBALL AT QUAPAW (7/3) - 4:00 PM

CPS: END OF 3RD QUARTER

Saturday, March 10

CHS: BASEBALL AT JAY 3-WAY - 3:00 PM & 5:00 PM

DAYLIGHT SAVING TIME BEGINS

Sunday, March 11