



**Commerce Public Schools
Weekly Bulletin
August 20 - 25, 2007**



Monday, August 20

MENU: Breakfast: Pancake on stick with syrup, juice and milk
Lunch: Pizza burger, seasoned corn, vegetable and fruit bar, pudding and choice of milk

ACTIVITIES:

AES: Rise and Shine Assembly
Red Wheel Fundraiser begins
CMS: Fundraiser begins
CMS/CHS: Softball vs Wyandotte (MS/V/JV) 4:00 pm

Tuesday, August 21

MENU: Breakfast: Cereal with pop tart, juice and milk
Lunch: Chicken ring thing, creamed potatoes w/grabby, green beans, vegetable and fruit bar, hot roll and choice of milk

ACTIVITIES:

AES: Teacher's meeting - 3:15 pm
CHS: Yearbook students gone to sell ads- all day
Softball vs Miami MS - 4:30 pm
Varsity softball at Oklahoma Union

Wednesday, August 22

MENU: Breakfast: Choice between PBJ sandwich or cereal with toast, juice and milk
Lunch: Chili cheese nachos, refried beans, vegetable and fruit bar, brownie and choice of milk

Thursday, August 23

MENU: Breakfast: Cereal with long john, juice and milk
Lunch: Lasagna, green peas, French bread, vegetable and fruit bar and choice of milk

ACTIVITIES:

CMS: Lucky 7 Tourney vs Oklahoma Union - 3:00 pm at Fairland
CHS: Yearbook students gone to sell ads - all day

Friday, August 24

MENU: Breakfast: Biscuit with sausage gravy, juice and milk
Lunch: Hamburger, chips, pork and beans, vegetable and fruit bar, fruit juice and choice of milk

ACTIVITIES:

CMS: Lucky 7 Tournament vs Welch - 2:30 pm at Fairland
CHS: Football scrimmage at Verdigris - 6:00 pm

Saturday, August 25

CMS: Lucky 7 Tournament - TBA