



# Commerce Public Schools Weekly Bulletin January 7 - 12, 2013



Monday, January 7  
Second Semester Begins

**MENU:** Breakfast: Breakfast pizza, chilled fruit juice and milk  
Lunch: Macaroni & cheese, meat balls, seasoned peas, fresh baby carrots, whole wheat bread & jelly (9-12), apple wedges, fruit juice (9-12) and choice of milk

**ACTIVITIES:**

**CMS:** Fairland 7<sup>th</sup> Grade Basketball Tournament  
Girls 5:00 pm - Boys 6:00 pm both play Fairland  
**CHS:** STUCO Meeting at 7:45 am

Tuesday, January 8

**MENU:** Breakfast: Waffles, syrup, sausage link, fruit juice and milk  
Lunch: Chicken nuggets, mashed potatoes with gravy, green beans, wheat roll and jelly, strawberries & bananas, fruit juice (9-12) and choice of milk

**ACTIVITIES:**

**CHS:** Varsity Basketball vs Foyil at 6:30 pm  
**CPS:** Grade Cards Go Out

Wednesday, January 9

**MENU:** Breakfast: Cereal, toast, jelly, chilled fruit juice and milk  
Lunch: Chili, whole grain corn chips, celery & cucumbers, rosy applesauce, cinnamon rolls, fresh fruit (9-12) and choice of milk

**ACTIVITIES:**

**AES:** Gifted & Talented go to Greenbush  
**CMS:** 6G-6B Basketball vs Afton 10:00 am  
Fairland 7<sup>th</sup> Grade Basketball Tournament  
Girls 3:00 pm - Boys 4:00 pm both play Quapaw

Thursday, January 10

**MENU:** Breakfast: Yogurt, muffin, fruit juice and milk  
Lunch: Baked ham, baked beans, fresh broccoli with fat free ranch dressing, angel biscuit & jelly, orange smiles, chilled fruit (9-12) and choice of milk

**ACTIVITIES:**

**CMS:** 6G-6B-7B-8G-8B Basketball at Ok Union 5:30 pm  
**CMS/CHS:** Basketball and Cheer pictures begin at 8:30 am  
**CHS:** NHS Meeting 7:45 am  
Homecoming Practice 2:20 pm

Friday, January 11

**MENU:** Breakfast: Biscuit with sausage gravy, chilled fruit juice and milk  
Lunch: Hamburger on a bun, romaine & tomato, sweet potato fries, fruit cocktail, rice crispy bar, fresh fruit (9-12) and choice of milk

**ACTIVITIES:**

**CHS:** Basketball Homecoming pictures at 1:30 pm  
Basketball Coronation at 6:00 pm  
Varsity Basketball vs Bluejacket (Boys play at 6:30 pm)

Saturday, January 12

**CMS:** Fairland 7<sup>th</sup> Grade Basketball Tournament TBD  
**CPS:** Elks Lodge Hoop Shoot at HS Gym (8:00 am to 1:00 pm)