



Commerce Public Schools Weekly Bulletin November 26 - 30, 2012



Monday, November 26

MENU: Breakfast: French toast sticks, syrup, sausage link, chilled fruit juice and milk

Lunch: Country style beef patties, mashed potatoes & gravy, steamed broccoli, wheat roll & jelly (6-12), banana, chilled fruit (9-12) and milk

ACTIVITIES:

CMS: Basketball at Foyil 5:00 pm (6G-6B-8G-8B)

CHS: Winter EOI Test will be Tues - Friday (1-4 & 5-7)

CPS: Building Committee Meeting 6:30 pm @ Board of Education Building

Tuesday, November 27

MENU: Breakfast: Cereal, scoobie graham, fruit juice and milk

Lunch: Stromboli, garden spinach salad, fresh baby carrots with ranch dressing, strawberries, fruit juice (9-12) and milk

Wednesday, Nov. 28

MENU: Breakfast: Egg omelet, toast, fruit juice and milk

Lunch: Barbeque pork on a whole grain bun, cinnamon sweet potato puffs, baked beans, orange smiles, canned fruit (9-12), oatmeal cookie (9-12) and milk

Thursday, Nov. 29

MENU: Breakfast: Cini mini, oatmeal, fruit juice and milk

Lunch: Beef & bean burrito, romaine & tomato, Mexican corn, salsa and whole grain tortilla chips (9-12), apple wedges and milk

ACTIVITIES:

CMS: Basketball at Bluejacket 5:30 pm (8G-8B)

Friday, November 30

MENU: Breakfast: Sausage gravy with biscuit, fruit juice and milk

Lunch: Turkey & cheese sub, dark green leaf lettuce & tomato, oven fries, ketchup, sliced peaches, graham snack (9-12) fruit juice (9-12) and milk

ACTIVITIES:

CMS: Top Tiger Lunch

CHS: (Tentative) Varsity Basketball at Welch 6:30 pm

Saturday, December 1

Area Christmas Parades:

Quapaw 12:00 pm

Commerce 3:30 pm

Miami 6:00 pm

CHS: (Tentative) Varsity Basketball at Afton 6:30 pm