



Commerce Public Schools Weekly Bulletin October 3 - 8, 2011



Monday, October 3

**MENU: Breakfast: Cereal, super donut, fruit juice and milk
Lunch: Chili dog, oven fries, salad bar, sliced peaches, wacky cake and milk**

ACTIVITIES:

**AES: Book Fair ends
CMS/CHS: Football vs Wyandotte 6:00 pm**

Tuesday, October 4

**MENU: Breakfast: Pancake on stick, syrup, chilled fruit and milk
Lunch: Crispy chicken fingers, creamed potatoes with gravy, salad bar, biscuit, rosy applesauce and milk**

ACTIVITIES:

**CHS: Josten Rep. will take Sr and Soph orders 9:00 am
CPS: Professional Development Committee Meeting 8:15 am**

Wednesday, October 5

**MENU: Breakfast: PBJ sandwich, fruit juice and milk
Lunch: Taco's, Mexicali corn, shredded lettuce, diced tomatoes, shredded cheese, salsa, sliced pears and milk**

Thursday, October 6

**MENU: Breakfast: Cinnamon roll, oatmeal, fruit and milk
Lunch: Beef and noodles, steamed cauliflower w/cheese, salad bar, hot roll, salad and milk**

ACTIVITIES:

**CHS: NHS Meeting (Library) 7:45 am
State Softball Tournament at Oklahoma City TBD**

Friday, October 7

End of 1st Quarter

**MENU: Breakfast: Sausage gravy with biscuit, juice and milk
Lunch: Hot ham and cheese sandwich on whole grain bread, baked chips, pasta salad, salad bar, cantaloupe chunks, brownie and milk**

ACTIVITIES:

**CHS: State Softball Tournament at Oklahoma City TBD
Pep Assembly 2:45 pm
Bean Dinner sponsored by After Prom Committee 5:00 pm
Football vs Adair 7:00 pm**

Saturday, October 8

**CHS: State Softball Tournament at Oklahoma City TBD
FCCLA/Science Club to Silver Dollar City**