



**Commerce Public Schools
Weekly Bulletin
February 4 – February 8, 2013**



Monday, February 4

MENU: Breakfast: Breakfast pizza, fruit juice and choice of milk
Lunch: Pork rib on a whole grain bun, dark green leaf lettuce & tomato, tri tator, green beans, mandarin oranges, whole wheat chocolate chip cookie and choice of milk

ACTIVITIES:

CMS: Josten, Inc will measure 8th graders for graduation gowns
CHS: Assembly for Basketball Sr Night 2:45 pm
Varsity Basketball vs Welch 6:30 pm (Sr Night between games)

Tuesday, February 5

MENU: Breakfast: Scrambled eggs, toast, fruit juice and choice of milk
Lunch: Teriyaki chicken bites, savory rice, egg roll (6-12), fresh broccoli, green peas, oatmeal roll, chilled sliced peaches, fresh fruit (9-12) and choice of milk

ACTIVITIES:

CHS: FCCLA Regional State Event at Wagoner
Varsity Basketball vs OK Union 6:30 pm

Wednesday, February 6

MENU: Breakfast: Cereal with whole grain toast & jelly, fruit juice and milk
Lunch: Sloppy joe on a whole grain bun, sweet potato puffs, baked beans, whole grain chips (6-12), fresh grapes, chilled fruit (9-12) and choice of milk

Thursday, February 7

MENU: Breakfast: Cini mini, oatmeal, fruit juice and choice of milk
Lunch: Chicken tetrazzini, tossed salad with romaine, steamed carrots, whole grain bread, strawberries, chilled fruit juice (9-12) and choice of milk

ACTIVITIES:

CHS: NHS Meeting (library) 7:45 am
NE Tech Interviews (DeWayne Mead) 8:
CPS: Parent/Teacher Conferences 3:30 pm to 6:30 pm

Friday, February 8

NO SCHOOL

Saturday, February 9

CHS: National ACT Test Day

Support the CHS Soccer Team and purchase

Krispy Kreme Donuts

Pre-Orders will be taken until Feb. 11 and Delivery will be Feb. 13