



**Commerce Public Schools
Weekly Bulletin
August 20 - 24, 2012**



Monday, August 20

**MENU: Breakfast: Breakfast pizza, fruit juice and milk
Lunch: Baked ham, 2 potato mash, green beans, angel biscuit and jelly, kiwi fruit and choice of milk**

ACTIVITIES:

**CMS/CHS: Softball at Afton (MS/V/JV) 4:00 pm
CPS: Special Meeting: Local Gifted Education Advisory Committee Meeting 6:30 pm (Elementary Cafeteria)**

Tuesday, August 21

**MENU: Breakfast: Waffles, syrup, sausage link, fruit and milk
Lunch: Macaroni & cheese, meat balls, peas, baby carrots, whole wheat bread and jelly, apple wedges and choice of milk**

Wednesday, Aug. 22

**MENU: Breakfast: Cereal, toast, jelly fruit juice and milk
Lunch: Frito chili pie, celery & cucumbers, oatmeal cookie, orange smiles and choice of milk**

Thursday, August 23

**MENU: Breakfast: Yogurt, muffin, fruit and milk
Lunch: Chicken nuggets, mashed potatoes with gravy, fresh broccoli, wheat roll & jelly (6-12), strawberries & bananas and choice of milk**

ACTIVITIES:

**CHS: Softball vs Adair/Sarcoxie Varsity 3-way 4:00 pm
CPS: American Fidelity Rep. (125 Plan Enrollment)**

Friday, August 24

**MENU: Breakfast: Biscuit with sausage gravy, fruit juice and milk
Lunch: Hamburger on a bun, romaine & tomato, sweet potato fries, fruit cocktail, rice crispy bar and choice of milk**

ACTIVITIES:

**CHS: Football scrimmage vs Verdigris 6:30 pm
CPS: American Fidelity Rep. (125 Plan Enrollment)**