



Commerce Public Schools Weekly Bulletin August 31 – Sept. 4, 2009



Monday, August 31

**MENU: Breakfast: Waffles and syrup, sausage link, juice and milk
Lunch: Burrito, salsa, Mexican rice, corn, salad bar, chilled fruit and choice of milk**

ACTIVITIES:

**AES: Rise and Shine Assembly
CMS/CHS: Softball vs Fairland (MS/V/JV) 4:00 pm**

Tuesday, Sept. 1

**MENU: Breakfast: Scrambled eggs with toast, fruit and milk
Lunch: Chicken fingers, scalloped potatoes**

ACTIVITIES:

**AES: Teacher's Meeting - 3:15 pm
CMS/CHS: Football, Softball, Cheerleading Pictures (start @ 8:30 with MS Football)
CMS/CHS: Softball at Welch (MS/V/JV) 4:30 pm
CHS: Science Club Meeting - 7:45 am (Mrs. McLain's Room)
Letter jacket orders taken - 9:00 am**

Wednesday, Sept. 2

**MENU: Breakfast: Breakfast pizza, juice and milk
Lunch: Pig in a blanket, baked beans, salad bar, chilled fruit and choice of milk**

ACTIVITIES:

**AES: Red Wheel Fundraiser Ends
CMS: Vinita Softball Tournament - TBD
CHS: SADD Meeting - 7:50 am (Library)
Black Out Assembly - 8:00 pm**

Thursday, Sept. 3

**MENU: Breakfast: Cereal bar with yogurt, fruit and milk
Lunch: Chicken and noodles, mashed potatoes, seasoned green beans, salad bar, hot roll and choice of milk**

ACTIVITIES:

**CMS: Vinita Softball Tournament - TBD
CHS: Book Club Meeting - 7:45 am (Mrs. McLain's Room)
Softball vs Ketchum - 4:30 pm
Tail Gate Party - 5:00 - 7:00 pm
Football vs Wyandotte 7:30 pm**

Friday, Sept. 4

**MENU: Breakfast: Biscuit with sausage gravy, juice and milk
Lunch: Hamburgers, seasoned curly fries, salad bar, raspberry sherbet and choice of milk**