



**Commerce Public Schools
Weekly Bulletin
September 3 – 8, 2012**



Monday, September 3

Labor Day – No School

Tuesday, September 4

**MENU: Breakfast: French toast sticks, syrup, sausage link, fruit and milk
Lunch: Beef & bean burrito, romaine and tomato salad, Mexican corn, salsa, whole grain tortilla chips (9-12) and milk**

ACTIVITIES:

**CMS: Pep Assembly 10:30 am
Football vs Afton 6:30 pm
CMS/CHS: Softball vs Welch(MS/V/JV) 4:00 pm**

Wednesday, September 5

**MENU: Breakfast: Cereal, scoobie graham, fruit juice and milk
Lunch: BBQ Beef on a whole grain bun, sweet potato puffs, baked beans, watermelon, fruit (9-12) and milk**

Thursday, September 6

**MENU: Breakfast: Egg omelet, toast, fruit juiced and milk
Lunch: Country style beef stick, mashed potatoes and gravy, steamed broccoli, wheat roll & jelly (6-12), cantaloupe, fruit juice (9-12) and milk**

ACTIVITIES:

**CMS/CHS: Football, Softball & Cheer pictures – start at 8:30
CHS: Varsity Wyandotte Softball Tourney - 4:00 vs Inola and 5:30 vs Colcord**

Friday, September 7

**MENU: Breakfast: Sausage gravy with biscuit, fruit juice and milk
Lunch: Turkey & cheese sub, dark green leaf lettuce and tomato, oven fries, sliced peaches, fresh pears (9-12), graham snack (9-12) and milk**

ACTIVITIES:

**CMS: OK Union Festival – leave at 9:00 am - 11:10 vs Chelsea, 1:30 vs Foyil and 2:40 vs Welch
CHS: Pep Assembly 2:45
Varsity Football at Cherryvale, KS 7:00 pm**

Saturday, September 8

CHS: Varsity Wyandotte Softball Tourney TBA