



Commerce Public Schools Weekly Bulletin January 14 - 19, 2013



Monday, January 14

MENU: Breakfast: Pancakes & syrup, sausage patty, fruit juice and choice of milk
Lunch: Sausage pizza, tossed salad, garlic bread stick w/marinara sauce, fresh bananas, chilled fruit (9-12) and choice of milk

ACTIVITIES:

AES: Rise and Shine Assembly
CMS: Basketball vs Welch (6G-6B-8G-8B) 5:00 pm
CHS: Mandatory Soccer Meeting (after school) Mr. Medlin's room
CPS: School Board Meeting 6:30 pm

Tuesday, January 15

MENU: Breakfast: Whole grain pop tart, whole grain cereal, fruit juice and choice of milk
Lunch: Italian pasta bake, green pepper strip and fresh baby carrots with ranch dressing, whole wheat bread & jelly (9-12), applesauce, royal brownie, fruit juice (9-12) and choice of milk

ACTIVITIES:

CHS: Teacher's Meeting 7:50 am
Varsity Basketball at Wyandotte 6:30 pm

Wednesday, January 16

MENU: Breakfast: Breakfast burrito, fruit juice and choice of milk
Lunch: Taco burger on a whole grain bun, romaine & tomato, refried beans, black bean and corn salsa w/whole grain tortilla chips (9-12), sliced pears, fresh fruit (9-12) and choice of milk

ACTIVITIES:

AES: Accelerated Reading Reward Trips - Chuck E Cheese
CMS: Teacher's Meeting 7:45 am
CMS: 6th Grade Basketball at Welch 12:00 pm

Thursday, January 17

MENU: Breakfast: Cereal bar, string cheese, chilled fruit juice and choice of milk
Lunch: Chicken pattie, mashed potatoes & gravy, green beans, whole wheat roll & jelly, orange wedges, fruit juice (9-12) and choice of milk

ACTIVITIES:

AES: Accelerated Reading Reward Trips - Chuck E Cheese
CMS: Basketball at Fairland (7B-8G-8B) 5:30 pm
CHS: NHS Meeting (library) 7:45 am
One Act Play Auditions 7:00 pm

Friday, January 18

MENU: Breakfast: Biscuit with sausage gravy, fruit juice and choice of milk
Lunch: Hot ham & cheese on whole grain bun, potato wedges, fresh broccoli w/ranch dressing, fresh grapes, chocolate chip cookie (9-12), chilled fruit (9-12) and choice of milk

ACTIVITIES:

AES: Accelerated Reading Reward Trips - Chuck E Cheese
CHS: Varsity Basketball at Colcord 6:30 pm

Saturday, January 19

CHS: Varsity Basketball at Afton 6:30 pm