



Commerce Public Schools Weekly Bulletin January 16 - 21, 2012



Monday, January 16
Martin Luther King, Jr Day

MENU: Breakfast: PBJ Sandwich, juice and milk
Lunch: Whole grain pizza, corn, salad bar, sliced pears, oatmeal cookie and milk

ACTIVITIES:

CMS/CHS: Basketball at Bluejacket (7B-8G-9B) 5:30
CHS: ASVAB (post interp.) 6th & 7th hours

Tuesday, January 17

MENU: Breakfast: Dry Cereal, scoobie graham, fruit and milk
Lunch: AES: Hamburger patty **CMS/CHS:** Salisbury steak with brown gravy, mashed potatoes, salad bar, zucchini & tomatoes, hot roll and milk

ACTIVITIES:

CHS: MSSU Rep. Michelle Ponce 10:00 am
Basketball at Afton 6:30 pm

Wednesday, January 18

MENU: Breakfast: Biscuit sandwich, juice and milk
Lunch: AES: Cheese nacho's **CMS/CHS:** Chili cheese nacho's, refried beans, salsa, salad bar, gogort, apple wedges and milk

ACTIVITIES:

AES: 5th Grade Basketball game @ High School 12:30 pm & 1:30 pm
CHS: Rogers State University Rep. Taylor Odle 10:05 am

Thursday, January 19

MENU: Breakfast: Pancake on stick, syrup, fruit and milk
Lunch: Pork chop patty, baked potato, green beans, salad bar, cheesy biscuit and milk

ACTIVITIES:

AES: Spelling Bee
CMS: Accelerated Reader Trip
CHS: NHS Meeting in library 7:45 am
NEO Basketball Tournament Girls vs Foyil 1:30 pm (MAC), Boys vs Roland JV 3:00 pm (MAC)

Friday, January 20

MENU: Breakfast: Sausage gravy and biscuit, juice and milk
Lunch: Grilled cheese sandwich, chicken noodle soup, pickle wedge, salad bar, mandarin oranges

ACTIVITIES:

CMS/CHS: Basketball Pictures at 8:15 pm
CHS: NEO Basketball Tournament tbd

Saturday, January 21

CHS: NEO Basketball Tournament tbd