



**Commerce Public Schools
Weekly Bulletin
January 21 - 26, 2008**



Monday, January 21

MENU: Breakfast: Choice between pancake on stick with syrup or cereal with toast, juice and milk
Lunch: Cheeseburger, hamburger fixings, tator tots, salad bar, dessert and choice of milk

ACTIVITIES:

AES: Rise and Shine Assembly
CMS: Basketball vs Bluejacket (8G-8B) 6:30 pm

Tuesday, January 22

MENU: Breakfast: Cereal with pop tart, juice and milk
Lunch: Chicken ring thing, mashed potatoes with gravy, green peas, biscuit, salad bar and choice of milk

ACTIVITIES:

AES: Vision Screening by Prevent Blindness of Oklahoma
Teacher's Meeting - 3:15 pm
CHS: Basketball vs Welch 6:30 pm

Wednesday, Jan. 23

MENU: Breakfast: Choice between PBJ sandwich or cereal with toast, juice and milk
Lunch: Chili cheese nachos, refried beans, salad bar, cookie and choice of milk

ACTIVITIES:

AES: Vision Screening by Prevent Blindness of Oklahoma
CMS: Teacher's Meeting - 7:45 am
CHS: Vo-Tech tour for Sophomores - 9:00 am

Thursday, January 24

MENU: Breakfast: Cereal with long john, juice and milk
Lunch: Lasagna, seasoned green beans, salad bar, french bread, jello and choice of milk

ACTIVITIES:

AES: Vision Screening by Prevent Blindness of Oklahoma
"Protect Your Brain" (Pilot Club) 1:30 pm - Pre-K, K, 1 & 2
CHS: NEO Tournament - Girls vs Marion, Mo. @ CC - 4:30 pm
Boys vs Blue Ridge Chr. @ MHS - 3:00 pm

Friday, January 25

MENU: Breakfast: Choice between biscuit with sausage gravy or cereal with biscuit, juice and milk
Lunch: Deli sub sandwich, chips, buttered corn, salad bar, jello and choice of milk

ACTIVITIES:

CHS: NEO Tournament - Girls win play @ MHS 11:30 am/lose play @ WR 11:30 am
Boys win play @ WR 8:00 pm/lose play @ WR 6:30 pm

Saturday, January 26

CHS: NEO Basketball - Girls win (Championship) @ SAC 11:00 am/lose (3rd place) @ SAC 9:30 am
Boys win (Championship) @ CC 5:00 pm/lose (3rd place) @ CC 3:30 pm
CMS/CHS: TSA at Frontier (5:30 am - 8:00 pm)