



**Commerce Public Schools  
Weekly Bulletin  
January 23 - 27, 2012**



**Monday, January 23**

**MENU: Breakfast: Bacon scrambled egg pizza, fruit juice and milk  
Lunch: Krispy fish, potato wedges, brown beans, salad bar, cornbread, apple crisp and milk**

**ACTIVITIES:**

**CMS: Basketball vs Wyandotte (7G,7B,8G,8B) 5:00 pm  
CHS: Plan Test (post interp) 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> hrs in Ms. Bliesath's room**

**Tuesday, January 24**

**MENU: Breakfast: Waffles, syrup, sausage link, fruit and milk  
Lunch: AES: Cheesy bread stick with marinara sauce steamed cauliflower, salad bar, mandarin oranges and milk CMS/CHS: Lasagna, steamed cauliflower, salad bar, mandarin oranges, french bread and milk**

**ACTIVITIES:**

**CHS: NEO College Rep. Sheena Reece 10:00 am  
Basketball vs Welch 6:30 pm**

**Wednesday, Jan. 25**

**MENU: Breakfast: Cereal, toast, jelly, fruit juice and milk  
Lunch: Seasoned chicken patty on whole grain bun, sweet potato fries, pasta salad, salad bar, jello and milk**

**ACTIVITIES:**

**CMS: Basketball at Quapaw (6G-6B) 12:30 pm**

**Thursday, January 26**

**MENU: Breakfast: Yogurt, muffin, fruit and milk  
Lunch: Beef taco pie, spanish rice, salsa, chili beans, salad bar, peaches and milk**

**ACTIVITIES:**

**CMS: Basketball at Afton (7B) 5:30 pm  
CMS/CHS: Basketball at Afton (7B-9G-9B) 5:30 pm**

**Friday, January 27**

**MENU: Breakfast: Biscuit with sausage gravy, fruit juice and milk  
Lunch: Cheeseburger, baked chips, burger fixings, buttered corn, salad bar, mixed fruit, cookie and milk**

**ACTIVITIES:**

**CMS: Basketball vs Cleora (6G-6B-8B) 11:00 am**