



Commerce Public Schools Weekly Bulletin February 1 - 6, 2010



Monday, February 1

MENU: Breakfast: Waffle with sausage link, juice and milk
Lunch: Corn dog, baked chips, chilled sliced pineapple, salad bar and choice of milk

ACTIVITIES:

AES: Rise and Shine Assembly
CMS: Basketball at Quapaw (7G-8G-8B) 5:30 pm
CHS: After Prom Meeting 6:00 pm

Tuesday, February 2

MENU: Breakfast: Scrambled eggs with toast, fruit and milk
Lunch: Mac and cheese with little smokies, green beans, fruit salad, salad bar, hot roll and choice of milk

ACTIVITIES:

AES: Teacher's Meeting - 3:15 pm
CHS: Basketball vs Quapaw - 6:30 pm

Wednesday, February 3

MENU: Breakfast: Breakfast pizza, juice and milk
Lunch: Hamburger stew with crackers, spiced apples, salad bar, oatmeal cookie and choice of milk

ACTIVITIES:

CMS: 8th Grade Wyandotte Basketball Tournament - Commerce vs Bluejacket (Old Gym) Girls - 12:00 and Boys - 1:00
Student Internet Safety Training

Thursday, February 4

MENU: Breakfast: Cereal or oatmeal with toast, fruit and milk
Lunch: Chicken rings, mashed potatoes, sliced carrots, salad bar, biscuit, jello and choice of milk

ACTIVITIES:

AES: Progress Reports go out
CMS: Teachers need to have grades entered for Progress Reports
8th Grade Wyandotte Basketball Tournament - TBD
CHS: Progress Reports go out

Friday, February 5

MENU: Breakfast: Biscuit with sausage gravy, juice and milk
Lunch: Pizza burger, buttered corn, chilled peaches, salad bar and choice of milk

ACTIVITIES:

CHS: Watts Powerlifting Meet - 9:00 am

Saturday, February 6

AES: Commerce Youth Basketball (HS Gym) beginning at 9:00 am
CMS: 8th Grade Wyandotte Basketball Tournament - TBD