



Commerce Public Schools Weekly Bulletin February 11 - 15, 2013



Monday, February 11

MENU: Breakfast: Peanut butter sandwich, fruit juice & choice of milk
Lunch: Spaghetti w/meat sauce, garden salad, seasoned peas (9-12), french garlic bread (9-12), fresh grapes, chilled fruit (9-12) & choice of milk

ACTIVITIES:

AES: Prevent Blindness Eye Screening
CHS: 7th hour Parenting Class goes to hospital at 9:30 am
Varsity Basketball at Baxter 6:00 pm
CPS: School Board Meeting 6:30 pm

Tuesday, February 12
Lincoln's Birthday

MENU: Breakfast: Biscuit sandwich, chilled fruit juice & choice of milk
Lunch: Chicken wrap, romaine & tomato mix, spanish rice (6-12) steamed carrots, fresh citrus fruit cup, chilled fruit (9-12) & choice of milk

ACTIVITIES:

AES: Prevent Blindness Screening
Fourth Grade takes NAEP Test
CHS: Teacher's Meeting 7:50 am
High School Challenge Day #1 (gym) 100 selected students
CPS: Third Quarter Progress Reports
Parent Teacher Conferences 3:30 pm - 6:30 pm

Wednesday, February 13

MENU: Breakfast: Whole grain cereal, graham crackers, fruit juice and choice of milk
Lunch: Taco salad, whole grain corn chips, salsa, refried beans, cinnamon puff, pineapple tidbits, chilled fruit juice (9-12) & choice of milk

ACTIVITIES:

CMS: Teacher's Meeting 7:45 am
Prevent Blindness School Wide Screening
CHS: High School Challenge Day #2 (gym) 100 selected students
Band Competition at NEO

Thursday, February 14
Valentine's Day

MENU: Breakfast: Pancake on stick with syrup, fruit juice & choice of milk
Lunch: Baked chicken, mashed potatoes, green beans, whole wheat roll (9-12), mandarin oranges, fresh fruit (9-12), ice cream cup, sugar cookie and choice of milk

ACTIVITIES:

CHS: Choir Competition at NEO

Friday, February 15

MENU: Breakfast: Biscuit, sausage gravy, fruit juice & choice of milk
Lunch: Chili dog, potato wedges, broccoli w/cheese, fresh apple wedges, jello, chilled fruit juice (9-12) and choice of milk

ACTIVITIES:

CMS: GT trip to Greenbush
CHS: Basketball Districts at Quapaw vs Ok Union 6:30 pm

Saturday, February 16

CHS: Basketball Districts at Quapaw vs TBA 6:30 pm