



Commerce Public Schools Weekly Bulletin February 15 - 20, 2010



Monday, February 15
President's Day

MENU: Breakfast: Breakfast pocket, fruit and milk
Lunch: Taco's, refried beans, shredded lettuce and tomato, salsa, cherry crisp and choice of milk

ACTIVITIES:

AES: Rise and Shine Assembly
CHS: Basketball at Southeast 6:00 pm

Tuesday, February 16

MENU: Breakfast: French toast sticks, syrup, juice and milk
Lunch: Chicken fingers, scalloped potatoes, seasoned green beans, hot roll, salad bar and choice of milk

ACTIVITIES:

CHS: Lucky 7 Power lifting Meet at Quapaw 4:00 pm
Girls Soccer Scrimmage at Miami 4:30/6:00/7:30

Wednesday, Feb. 17

MENU: Breakfast: Super donut, little smokies, fruit and milk
Lunch: Frito chili pie, buttered corn, rosy applesauce, cinnamon roll and choice of milk

ACTIVITIES:

CHS: Club Day (afternoon)

Thursday, February 18

MENU: Breakfast: Cereal with toast, juice and milk
Lunch: (AES: Chicken, gravy, mashed potatoes & mixed vegetables) (CMS/CHS: Chicken pot pie) salad, biscuit, jello, wacky cake and choice of milk

ACTIVITIES:

CHS: Interviews with Tech Center 8:20 am
Boys Soccer Scrimmage at Miami 4:30/6:00/7:30
CPS: Parent/Teacher Conferences 3:30 pm to 6:30 pm

Friday, February 19

NO SCHOOL

Saturday, February 20

CHS: District solo and ensembles instrumental 8:30 am
Basketball Districts at Quapaw 6:30 pm