



Commerce Public Schools Weekly Bulletin February 25 – March 2, 2013



Monday, February 25

MENU: Breakfast: Pancakes & syrup, sausage patty, fruit juice and choice of milk
Lunch: Italian pasta bake, green pepper strip and fresh baby carrots with ranch dressing, whole wheat bread & jelly (9-12), applesauce, royal brownie, fruit juice (9-12) and choice of milk

ACTIVITIES:

AES: Rise and Shine Assembly
CHS: US Army Sergeant Rodgers here during lunch
CPS: Building Committee Meeting – Board of Education Building

Tuesday, February 26

MENU: Breakfast: Whole grain pop tart, whole grain cereal, fruit juice & choice of milk
Lunch: Pepperoni pizza, tossed salad w/romaine, garlic bread stick w/marinara sauce, fresh bananas, chilled fruit (9-12) and choice of milk

ACTIVITIES:

CHS: Varsity Girls/Boys Soccer Scrimmage at Grove 5:00 pm

Wednesday, February 27

MENU: Breakfast: Breakfast burrito, fruit juice and choice of milk
Lunch: Taco burger on a whole grain bun, romaine & tomato, refried beans, black bean & corn salsa w/whole grain tortilla chips (9-12), sliced pears, fresh fruit (9-12) and choice of milk

ACTIVITIES:

CMS: Eating Disorder Assembly 12:30 pm
CHS: FCCLA Blood Drive 9:00 am to 2:30 pm

Thursday, February 28

MENU: Breakfast: Cinnamon biscuit, chilled fruit juice and choice of milk
Lunch: Chicken patties, mashed potatoes & gravy, green beans, whole wheat roll & jelly, orange wedges, fruit juices (9-12) and choice of milk

ACTIVITIES:

CMS: Top Tiger Luncheon 11:00 am

Friday, March 1

MENU: Breakfast: Biscuit with sausage gravy, fruit juice and choice of milk
Lunch: Hot ham & cheese on whole grain bun, potato wedges, fresh broccoli w/ranch dressing, fresh grapes, chocolate chip cookie (9-12), chilled fruit (9-12) and choice of milk

ACTIVITIES:

CHS: JV Girls/Boys Soccer at Miami 5:00 pm
CPS: Spring Pictures 9:00 am (Elementary Classroom Groups, CMS & CHS Buddy Pictures)

Saturday, March 2

CMS/CHS: Varsity & MS Baseball at Ketchum (5/7/3) 12:00 pm
CHS: District Instrumental Competition – Skiatook High School
CPS: Benefit Chili Feed & Pie Auction for AD Rusty Barker 5:00 pm – 7:00 pm