



Commerce Public Schools

Weekly Bulletin

February 24 - March 1, 2014



Monday, February 24

MENU: Breakfast: French Toast Sticks w/Syrup, Chilled Fruit Juice and Milk
Lunch: Chicken Nuggets, Mashed Potatoes w/Gravy, Seasoned Green Beans, Cheesy Biscuit, Chilled Sliced Pears, Fruit Juice (9-12) and Milk

Tuesday, February 25

MENU: Breakfast: Cheese Omelet, Whole Grain Toast, Chilled Fruit Juice and Milk
Lunch: Baked Ham, Baked Beans Fresh Broccoli w/ Fat Free Ranch Dressing, Angel Biscuit & Jelly, Chilled Pineapple Chunks, Fresh Fruit (9-12) and Milk

Wednesday, February 26

MENU: Breakfast: Whole Grain Cinnamon Roll, Chilled Fruit Juice and Milk
Lunch: Macaroni & Cheese, Fish Sticks, Seasoned Green Peas, Fresh Carrots, Whole Grain Hot Roll (6-12), Apple Wedges, Fruit Juice (9-12) and Milk

ACTIVITIES:

AES: 5TH Grade Writing Test
CHS: Red Cross & FCCLA Blood Drive 9:00 am to 2:30 pm

Thursday, February 27

MENU: Breakfast: Whole Grain Cereal, Muffin, Chilled Fruit Juice and Milk
Lunch: Chili, Whole Grain Corn Chips, Celery & Cucumbers, Rosy Applesauce, Cinnamon Rolls, Fresh Fruit (9-12) and Milk

ACTIVITIES:

CHS: FACS Day at the State Capital (6 students)
Seniors: Destination NEO begins at 9:00 am
Josten's for Seniors 9:30 am
Vo-Tech Applicants to Tech Center for Interviews 8:00 am to 11:00 am
(Vo-Tech Providing Transportation)
Basketball Regionals at Kiefer TBD
CPS: 4-H Meeting (High School) 6:00 pm

Friday, February 28

MENU: Breakfast: Biscuit w/Sausage Gravy, Chilled Fruit Juice and Milk
Lunch: Hamburger on a bun, Dark Green Leaf Lettuce & Tomato, Sweet Potato Fries, Fruit Cocktail, Rice Crispy Bar, Fresh Fruit (9-12) and Milk

ACTIVITIES:

AES: Spring/Group Pictures
Red Wheel Fundraiser Begins (Ends March 13)
CMS: Spring Pictures & Buddy Pictures
CHS: Spring Pictures, Buddy Pictures 8:30 am
Boys Basketball Pictures
Basketball Regionals at Kiefer TBD

Saturday, March 1

CHS: Basketball Regionals at Kiefer TBD
JV Girls Soccer at Mannford TBD
Varsity Baseball at Verdigris (7/3) 12:00 pm