

## Commerce Public Schools Weekly Bulletin March 2 - 8, 2014





Sunday, March 2

Dr. Seuss's Birthday

Monday, March 3 MENU: Breakfast: Whole Grain Cereal, Whole Grain Toast, Chilled Fruit Juice and Milk

Lunch: Pepperoni Pizza, Tossed Salad w/Romaine and Fat Free Ranch Dressing, Garlic Bread Stick

w/Marinara Sauce, Orange Wedges, Chilled Fruit (9-12) and Milk

ACTIVITIES: AES: Dr. Seuss Assembly

CMS/CHS: Baseball vs Foyil (5/7/3) 4:30 pm

Tuesday, March 4 MENU: Breakfast: Breakfast Burrito, Chilled Fruit Juice and Milk

Lunch: Chicken Pattie, Mashed Potatoes w/Gravy, Seasoned Green Beans, Whole Grain Roll & Jelly,

Fresh Banana, Chilled Fruit Juice (9-12) and Milk

ACTIVITIES: AES: 5<sup>™</sup> Grade Writing Test

Dr. Seuss Door Decorating Contest

CHS: Junior Class Prom Meeting 7:45 am

Varsity Girls/Boys Soccer vs Gentry, AR 5:00 pm

CPS: School Calendar Meeting 3:30 pm (Superintendent's Office)

Wednesday, March 5 MENU: Breakfast: Waffles w/Syrup, Sausage Pattie, Chilled Fruit Juice and Milk

Lunch: Hot Ham and Cheese in Whole Grain Bun, Potato Wedges, Fresh Broccoli, Chilled Sliced

Peaches, Whole Grain Chocolate Chip Cookie, Chilled Fruit Juice (9-12) and Milk

ACTIVITIES: AES: Wear "Wacky" Socks & Bring Pet Treats for the Animal Shelter

CMS: 8<sup>th</sup> Grade Writing Test

CHS: ASVAB Test (Juniors) 1st – 3rd hours

Thursday, March 6 MENU: Breakfast: Whole Grain Cereal, Scoobie Graham, Chilled Fruit Juice and Milk

Lunch: Italian Pasta Bake, Green Pepper Strips & Fresh Baby Carrots, Whole Grain Roll & Jelly (6-12),

Applesauce, Royal Brownie, Fresh Fruit (9-12) and Milk

ACTIVITIES: AES: Dress as Favorite Book Characters or Wear any Dr. Seuss Clothes

CMS: Baseball at Quapaw (5/5) 4:00 pm

CHS: NHS Meeting 7:50 am

Varsity Baseball vs Quapaw (7/3) 4:00 pm JV Boys Soccer at Bartlesville 6:00 pm

CPS: Professional Development Committee 8:15 am (Superintendent's Office)

Friday, March 7 MENU: Breakfast: Biscuit with Sausage Gravy, Fruit Juice and Milk

End of Third Quarter Lunch: Taco Burger on a Whole Grain Bun, Dark Green Leaf Lettuce & Tomato, Refried Beans, Black

Bean Corn Salsa w/Whole Grain Corn Tortilla Chips (6-12), Chilled Sliced Pears, Chilled Fruit Juice (9-

12) and Milk

ACTIVITIES: AES: Red and White Day and D.E.A.R. Time – Everyone wear Cat-In-The-Hat Hats for a Large

School Photo

Saturday, March 8 CMS/CHS: TSA to Claremore

CHS: Varsity Baseball at Fairland (7/7) TBD