

Commerce Public Schools Weekly Bulletin March 10 - 22, 2014



Monday, March 10

MENU: Breakfast: Cereal, Scoobie Graham, Chilled Fruit Juice and Milk

Lunch: Beef & Bean Burrito, Romaine & Tomato, Corn, Salsa & Whole Grain Tortilla Chips, Spiced

Apples, Fruit Juice (9-12) and Milk

ACTIVITIES: AES: Dr. Seuss Assembly

CMS/CHS: Baseball vs Wyandotte (5/7/3) 4:00 pm

CPS: School Board Meeting 6:30 pm

Tuesday, March 11 MENU: Breakfast: Pillsbury Sunrise Breakfast, Chilled Fruit Juice and Milk

Lunch: Steak Fingers, Mashed Potatoes & Gravy, Seasoned Green Beans, Whole Grain Biscuit & Jelly,

Fresh Banana, Chilled Canned Fruit (9-12) and Milk

ACTIVITIES: AES: Dr. Seuss Door Decorating Contest

CMS/CHS: Baseball vs Welch (5/7/3) 4:00 pm

CHS: Science Club Meeting 7:50 am

Varsity Girls/Boys Soccer at Rogers, AR

CPS: Third Quarter Grade Cards Go Out

Wednesday, March 12 MENU: Breakfast: Pancake on a Stick w/syrup, Chilled Fruit Juice, and Milk

Lunch: BBQ Beef on a Whole Grain Bun, Sweet Potato Puffs, Baked Beans, Orange Smiles, Canned

Fruit (9-12), Chocolate No Bake Cookie and Milk

ACTIVITIES: AES: Wear "Wacky" Socks & Bring Pet Treats for the Animal Shelter

CMS/CHS: Cheer Try-Out Clinic (Mandatory) 3:30 pm

Thursday, March 13 MENU: Breakfast: Cini Mini, Oatmeal, Chilled Fruit Juice, and Milk

Lunch: Chicken Alfredo with a Twist, Steamed Broccoli, Garden Spinach Salad, Whole Grain Bread

Stick, Chilled Mandarin Oranges, Fresh Fruit (9-12) and Milk

ACTIVITIES: AES: Dress as Favorite Book Characters or Wear any Dr. Seuss Clothes

Fourth Grade Field Trip to Fantastic Caverns (Leave 8:15 & Return 3:00)

Red Wheel Sale Ends

CMS/CHS: Cheer Try-Out Clinic (Optional if needed) 3:30 pm

Baseball vs Bluejacket (5/7) 4:30 pm

CHS: Varsity Girls/Boys Soccer at Oologah Tournament (G vs Rejoice 10:00/B vs Coweta 2:30)

Friday, March 14 MENU: Breakfast: Sausage Gravy with Biscuit, Chilled Fruit Juice and Milk

Lunch: Turkey and Cheese Sub on Whole Grain Bun, Dark Green Leaf Lettuce & Tomato, Oven Fries,

Chilled Sliced Peaches, Fresh Fruit (9-12) and Milk

ACTIVITIES: AES: Red and White Day and D.E.A.R. Time – Everyone wear Cat-In-The-Hat Hats

CMS/CHS: Baseball at S Coffeyville (5/7) 4:30 pm

CMS: Dance (MS Students Only) 7:00 pm - 9:00 pm Sponsored by Commerce Days Committee

CHS: Varsity Girls/Boys Soccer at Oologah Tournament TBD

Saturday, March 15 CHS: Junior - Senior Prom "A Night To Remember" at Peoria Ridge 7:00 pm

Spring Break Week (March 17 – March 21)

Thursday, March 20 CHS: Varsity Baseball at Chouteau (7/3) 11:00am Friday, March 21 CHS: Varsity Baseball vs Galena (7/3) 3:00 pm Saturday, March 22 CHS: Varsity Baseball at Wyandotte (7/7) 11:00 am