



Commerce Public Schools Weekly Bulletin March 22 - 27, 2010



Monday, March 22

MENU: Breakfast: Cutie Pie, sausage patty, juice and milk

Lunch: Pizza, buttered corn, mandarin oranges, salad bar, cookie and choice of milk

ACTIVITIES:

AES: Rise and Shine Assembly

Red Wheel Fundraiser begins

CMS/CHS: Baseball vs Oklahoma Union (5/7/3) 4:00 pm

Tuesday, March 23

MENU: Breakfast: Ham and cheese biscuit, fruit and milk

Lunch: (AES: Spaghetti) (CMS/CHS: Lasagna) broccoli, chilled peaches, slice of italian bread, salad bar and choice of milk

ACTIVITIES:

AES: Teacher's Meeting - 3:15 pm

CMS: NEO Instrumental

CMS/CHS: Baseball vs Ketchum (5/7/3) 4:30 pm

CHS: Soccer at Miami JV 6:00 pm

Wednesday, March 24

MENU: Breakfast: Pancake on stick, juice and milk

Lunch: Teriyaki chicken bites, (AES: oriental rice) (CMS/CHS: egg roll) green peas, chilled pineapple, salad bar and choice of milk

ACTIVITIES:

CMS: NEO Vocal

CMS/CHS: Cheerleading Try-Outs - MS at 4:00 pm and HS to follow

CHS: After Prom Meeting 5:30 pm

Thursday, March 25

MENU: Breakfast: PBJ sandwich, fruit and milk

Lunch: (AES: Rib patty with mashed potatoes) (CMS/CHS: Meat loaf, mashed potatoes with brown gravy) seasoned green beans, hot roll, salad bar and choice of milk

ACTIVITIES:

CMS/CHS: Baseball at Quapaw (5/7/3)

CHS: Soccer vs Grove JV 5:00 pm

Friday, March 26

MENU: Breakfast: Biscuit with sausage gravy, juice and milk

Lunch: Cheese burgers, seasoned curly fries, hamburger fixings, peanut butter bar, salad bar and choice of milk

ACTIVITIES:

AES: Kindergarten to Sesame Street Live

CMS/CHS: Baseball vs Grove (7/5)

CHS: Speech Regional Tournament

Soccer at Fort Gibson 5:30 pm

Saturday, March 27

CHS: Speech Regional Tournament