



# Commerce Public Schools Weekly Bulletin March 25 - 30, 2013



Monday, March 25

**MENU:** Breakfast: Breakfast pizza, fruit juice and choice of milk  
Lunch: Teriyaki chicken bites, savory rice, egg roll (6-12), fresh broccoli, green peas, oatmeal roll, sliced peaches, fresh fruit (9-12) and choice of milk

**ACTIVITIES:**

**CHS:** Pre-Enrollment for 2014 seniors (current 11<sup>th</sup> graders)  
US Army Sergeant Rogers will be here during lunch  
Cheerleader Tryouts 4:00 pm  
Conference Baseball seeding games (7/7) TBD

Tuesday, March 26

**MENU:** Breakfast: Scrambled eggs, toast, fruit juice & choice of milk  
Lunch: Hamburger patties w/brown gravy, mashed potatoes, garden spinach salad w/tomato, whole grain hot roll, apple wedges, fruit juice (9-12) and choice of milk

**ACTIVITIES:**

**CHS:** Pre-Enrollment for 2014 sophomores (current 9<sup>th</sup> graders) & juniors (current 10<sup>th</sup> graders)  
Conference Baseball Tournament at Quapaw TBD  
Girls/Boys Soccer at Wright Christian 5:00 pm

Wednesday, March 27

**MENU:** Breakfast: Cereal with whole grain toast & jelly, fruit juice and milk  
Lunch: Sloppy joe on a whole grain bun, sweet potato puffs, baked beans, whole grain chips (6-12), fresh grapes, chilled fruit (9-12) and choice of milk

**ACTIVITIES:**

**CHS:** Pre-Enrollment for 2014 seniors (current 11<sup>th</sup> graders)  
10<sup>th</sup> Grade Aids Presentation 9:10 - 10:00 (Summer Beck, Health Dept.)

Thursday, March 28

**MENU:** Breakfast: Cini Mini, oatmeal, fruit juice and choice of milk  
Lunch: Chicken Tetrizzini, tossed salad w/romaine, steamed carrots, whole grain bread, strawberries, fruit juice (9-12) & choice of milk

**ACTIVITIES:**

**AES:** Third Quarter Accelerated Reward  
**CMS:** Top Tiger Lunch  
Baseball vs Fairland 4:00 pm  
**CHS:** Pre-Enrollment for 2014 sophomores (current 9<sup>th</sup> graders) & juniors (current 10<sup>th</sup> graders)  
FCCLA State Competitive Events  
Track at Galena 3:00 pm  
Conference Baseball Tournament at Quapaw TBD  
Boys Soccer vs Riverfield 6:00 pm

Friday, March 29  
Good Friday

**MENU:** Breakfast: Biscuit with sausage gravy, fruit juice & choice of milk  
Lunch: Pork rib on a whole grain bun, dark green leaf lettuce & tomato, tri tator, green beans, mandarin oranges, whole wheat chocolate chip cookie and choice of milk

**ACTIVITIES:**

**CMS:** Baseball at Miami (5/5) 4:30 pm  
**CHS:** FCCLA State Competitive Events  
Conference Baseball Tournament at Quapaw TBD

Saturday, March 30

**CHS:** FCCLA State Competitive Events  
Conference Baseball Tournament at Quapaw TBD

Sunday, March 31

Easter Sunday