



**Commerce Public Schools
Weekly Bulletin
March 31 - April 5, 2008**



Monday, March 31

MENU: Breakfast: Choice between french toast stick with sausage link or cereal with toast, juice and milk

Lunch: Chicken nuggets, egg roll, oriental rice, seasoned peas, salad bar, chilled pineapple and choice of milk

ACTIVITIES:

AES: Rise and Shine Assembly
Southwest Dairy Association Presentation for Pre-K

CMS: Track meet at Quapaw (7th-8th grade) 3:00 pm

CHS: Baseball at Fairland (7/3) 4:00 pm

Tuesday, April 1

MENU: Breakfast: Choice between biscuit sandwich or cereal with biscuit, juice and milk

Lunch: Hot Dog, curly fries, salad bar, chocolate chip cookie, jello and choice of milk

ACTIVITIES:

AES: PFC meeting (Library) 3:30 pm

CMS: Baseball vs Afton (5/5) 4:00 pm

CMS/CHS: State TSA Conference

CHS: Track meet at Dewey 9:30 am

Wednesday, April 2

MENU: Breakfast: Cereal with toast, juice and milk

Lunch: Mac and cheese with little smokies, green beans, salad bar, hot roll and choice of milk

ACTIVITIES:

CMS/CHS: State TSA Conference

CMS: Track meet at Quapaw (6th grade) 9:30 am

Thursday, April 3

MENU: Breakfast: Choice between breakfast pizza or cereal with toast, juice and milk

Lunch: Rib patty on a bun, chips, dill pickle spears, salad bar, pudding and choice of milk

ACTIVITIES:

CMS/CHS: State TSA Conference

CMS: Track meet at Wyandotte (6th-7th, 8th-9th) 9:30 pm

CHS: FCCLA State Rally

Friday, April 4

MENU: Breakfast: Choice between biscuit with sausage gravy or cereal with biscuit, juice and milk

Lunch: Chicken fajitas, refried beans, shredded cheese, salad bar, chilled fruit and choice of milk

ACTIVITIES:

CMS: Baseball vs Fairland (1/5) 4:00 pm

CHS: FCCLA State Rally

Baseball vs Fairland (7/3) 5:00 pm

Track meet at Chelsea 9:30 am

Saturday, April 5

CHS: Track meet at Vinita 9:00 am