



Commerce Public Schools Weekly Bulletin April 4 - 9, 2011



Monday, April 4

MENU: Breakfast: Breakfast pocket, fruit and milk
Lunch: Pizza, buttered corn, salad bar, dessert, & choice of milk

ACTIVITIES:

CMS: Track @ Quapaw (7-8) 3:00 pm
CMS/CHS: Assembly 12:30 - Tres Vidas (chs gym)

Tuesday, April 5

MENU: Breakfast: French toast sticks with syrup, juice & milk
Lunch: AES: Hamburger patty, mashed potatoes with gravy, seasoned green beans, salad bar, hot roll & choice of milk
CMS/CHS: Salisbury steak, mashed potatoes, seasoned green beans, salad bar, hot roll & choice of milk

ACTIVITIES:

CMS: Baseball vs Fairland (5/5) 6:30 pm
CHS: Track @ Oswego 3:00 pm

Wednesday, April 6

MENU: Breakfast: Cini-mini, fruit & milk
Lunch: AES: Cheese nacho's, refried beans, salsa, salad bar, chilled fruit, brownie & choice of milk
CMS/CHS: Chili cheese nacho's, refried beans, salsa, salad bar, chilled fruit, brownie & choice of milk

ACTIVITIES:

AES: Safety Assembly (PK - 2nd grade)
CMS: Track @ Quapaw (6) 9:00 am
CMS/CHS: NEO Band Contest
CHS: District STUCO meeting in Jay 9:00 am

Thursday, April 7

MENU: Breakfast: Pancake on stick syrup, juice and milk
Lunch: AES: Chicken gravy, mashed potatoes, mixed vegetables, salad bar, chilled peaches, biscuit & choice of milk
CMS/CHS: Chicken pot pie, biscuit, salad bar, chilled peaches & choice of milk

ACTIVITIES:

CMS: Track @ Wyandotte (6-7-8-9) 9:00 am
V & JV Baseball vs Salina (7/5) 4:30 pm

Friday, April 8

MENU: Breakfast: Cereal with toast, fruit and milk
Lunch: Scrambled eggs, sausage patty, potato bucks, biscuit, gravy, rosy applesauce and choice of milk

ACTIVITIES:

CHS: Track @ Miami 9:30 am
V Soccer vs Glenpool 5:00 pm

Saturday, April 9

CHS: ACT Test @ NEO 8:00 am