



*Commerce Public Schools
Weekly Bulletin
April 14 - 20, 2014*



Monday, April 14

MENU: Breakfast: French Toast Sticks w/Syrup, Fruit Juice and Milk
Lunch: Chicken Nuggets, Mashed Potatoes w/Gravy, Seasoned Green Beans, Cheesy Biscuit, Chilled Sliced Pears, Fruit Juice (9-12) and Milk

ACTIVITIES:

CMS/CHS: 6th -7th, 8th -9th Grade Wyandotte Track Meet 9:30 am
CHS: EOI Testing Begins
Varsity Baseball at Ketchum (7/3) 5:00 pm
Varsity G/B Soccer vs Wright Christian 5:30 pm
CPS: School Board Meeting 6:30 pm

Tuesday, April 15

MENU: Breakfast: Cheese Omelet, Whole Grain Toast, Fruit Juice and Milk
Lunch: Ham, Baked Beans, Fresh Broccoli w/Fat Free Ranch Dressing, Angel Biscuit & Jelly, Chilled Pineapple Chunks, Fresh Fruit (9-12) and Milk

ACTIVITIES:

CMS: Afton Baseball Tournament 11:40 am
CHS: Track at Riverton 3:00 pm
Varsity Baseball vs Colcord (5/5) 4:30 pm
CPS: Progress Reports Go Out

Wednesday, April 16

MENU: Breakfast: Whole Grain Cinnamon Roll, Fruit Juice and Milk
Lunch: Macaroni & Cheese, Fish Sticks, Seasoned Green Peas, Fresh Carrots, Whole Grain Hot Roll (6-12), Apple Wedges, Fruit Juice (9-12) and Milk

ACTIVITIES:

CMS: 6th Grade Track at Afton 9:30 am
CHS: Teacher's Meeting 7:50 am

Thursday, April 17

MENU: Breakfast: Whole Grain Cereal, Muffin, Fruit Juice and Milk
Lunch: Chili, Whole Grain Corn Chips, Celery & Cucumbers, Rosy Applesauce, Cinnamon Rolls, Fresh Fruit (9-12) and Milk

ACTIVITIES:

CMS: Afton Baseball Tournament TBD
CMS/CHS: 7th - 9th Grade Track Meet at Afton
CHS: District STUCO Meeting in Pryor (All Day)
Track Meet at Miami 9:30 am
Varsity G/B Soccer vs Pawhuska/Riverfield

Friday, April 18
Good Friday

MENU: Breakfast: Biscuit with Sausage Gravy, Fruit Juice and Milk
Lunch: Hamburger on a Bun, Dark Green Leaf Lettuce & Tomato, Sweet Potato Fries, Fruit Cocktail, Rice Crispy Bar, Fresh Fruit (9-12) and Milk

ACTIVITIES:

CMS/CHS: Baseball at Foyil (5/7/3) 4:30 pm

Saturday, April 19

CHS: STUCO/NHS Trip to World of Fun Trip
CPS: Shana Logan Miller Scholarship Benefit 5:00 pm

Sunday, April 20

Easter