



Commerce Public Schools
Weekly Bulletin
April 21 - 26, 2014



Monday, April 21

MENU: Breakfast: Whole Grain Cereal, Whole Grain Toast, Chilled Fruit Juice and Milk
Lunch: Pepperoni Pizza, Tossed Salad w/Romaine & Fat Free Ranch Dressing, Garlic Bread Stick w/Marinara Sauce, Orange Wedges, Fruit (9-12) and Milk

ACTIVITIES:

CMS: JH Tiger Classic Track Meet 3:30 pm
CHS: EOI – English III
Girls Soccer at Locust Grove 5:00 pm

Tuesday, April 22

Earth Day
Oklahoma Day

MENU: Breakfast: Breakfast Burrito, Fruit Juice and Milk
Lunch: Chicken Pattie, Mashed Potatoes w/Gravy, Seasoned Green Beans, Whole Grain Roll & Jelly, Fresh Banana, Fruit Juice (9-12) and Milk

ACTIVITIES:

CMS/CHS: Baseball at McDonald County – Anderson, MO. (5/7) 4:30 pm
CHS: EOI – English II and III Writing Tests
Track Meet at Pierce City TBD

Wednesday, April 23

Secretary's Day

MENU: Breakfast: Waffles w/Syrup, Sausage Patty, Fruit Juice and Milk
Lunch: Hot Ham and Cheese on Whole Grain Bun, Potato Wedges, Fresh Broccoli, Sliced Peaches, Whole Grain Chocolate Chip Cookie, Fruit Juice (9-12) and Milk

ACTIVITIES:

CMS/CHS: Track at Wyandotte (6/7& 8/9) 9:30 am
CHS: EOI II and III makeup Writing Tests
BACA Presentation (Gym) 1:00 pm

Thursday, April 24

MENU: Breakfast: Whole Grain Cereal, Scoobie Graham, Fruit Juice and Milk
Lunch: Italian Pasta Bake, Green Pepper Strips & Fresh Baby Carrots, Whole Grain Roll & Jelly (6-12), Applesauce, Royal Brownie, Fresh Fruit (9-12) & Milk

ACTIVITIES:

AES: PK and K to Petting Zoo (NEO Equine Center) Leave 12:45 pm
CHS: EOI – English II
Varsity Baseball at Quapaw (7/3) 4:00 pm

Friday, April 25

MENU: Breakfast: Biscuit with Sausage Gravy, Fruit Juice and Milk
Lunch: Taco Burger on a Whole Grain Bun, Dark Green Leaf Lettuce & Tomato, Refried Beans, Black Bean Corn Salsa w/Whole Grain Corn Tortilla Chips (6-12), Sliced Pears, Fruit Juice (9-12) and Milk

ACTIVITIES:

CHS: STUCO Elections (Gym) 12:30 pm
Track Meet at Catoosa 1:30 pm
Varsity Baseball at Nowata (7/3) 5:00 pm

Saturday, April 26

CPS: STUCO Pulled Pork Dinner/Pie Auction/Labor Auction (HS Cafeteria) 4:00 pm