



**Commerce Public Schools  
Weekly Bulletin  
September 13 - 18, 2010**



**Monday, Sept. 13**

**MENU: Breakfast: Breakfast pocket, fruit and milk  
Lunch: Pizza, buttered corn, salad bar, dessert and choice of milk**

**ACTIVITIES:**

**CMS: Softball vs Miami (2/5) 4:30 pm  
CMS/CHS: Football at Quapaw 6:00 pm (MS/JV)  
CHS: Seniors meet 3<sup>rd</sup> hour with Mrs. Ng (cafeteria)  
Softball at Miami/CHS vs Miami and CHS vs Oologah  
CPS: School Board Meeting 6:30 pm**

**Tuesday, Sept. 14**

**MENU: Breakfast: French toast sticks, syrup, juice and milk  
Lunch: AES: Chicken gravy, mashed potatoes, mixed vegetables, biscuit, salad bar and choice of milk  
CMS/CHS: Chicken pot pie, salad bar, biscuit, pudding and choice of milk**

**ACTIVITIES:**

**AES: Red Wheel Fundraiser ends  
CMS/CHS: Softball vs Welch (MS/V/JV) 4:00 pm**

**Wednesday, Sept. 15**

**MENU: Breakfast: Super donut, little smokies, fruit and milk  
Lunch: Chili cheese nacho's, refried beans, salsa, salad bar, rosy applesauce and choice of milk**

**ACTIVITIES:**

**CMS/CHS: Softball vs Quapaw (MS/V/JV) 3:45 pm**

**Thursday, Sept. 16**

**MENU: Breakfast: Cereal with toast, juice and milk  
Lunch: AES: Hamburger patty  
CMS/CHS: Salisbury steak, mashed potatoes with brown gravy, chilled mandarine oranges, salad bar, hot roll and choice of milk**

**ACTIVITIES:**

**CPS: Parent/Teacher Conferences 3:30 pm to 6:30 pm**

**Friday, Sept. 17**

**NO SCHOOL**

**ACTIVITIES:**

**CHS: Football vs Riverton 7:30 pm**

**Saturday, Sept. 18**

**CMS: Welch Softball Festival/10:00 vs Wyandotte, 11:10 vs Welch, 12:20 vs Quapaw  
CHS: Cheerleading Regionals at Tahlequah High School 12:00 pm**