



# Commerce Public Schools Weekly Bulletin September 14 - 19, 2009



**Monday, Sept. 14**

**MENU:** Breakfast: Pancakes with sausage patty, juice and milk  
Lunch: Corn dog, potato wedges, salad bar, orange wedge, no bake cookie and choice of milk

**ACTIVITIES:**

**AES:** Rise and Shine Assembly  
**CMS:** Pep Assembly - 11:30 am  
Softball vs South Coffeyville (5-5) 4:30 pm  
Football vs Quapaw - 6:00 pm  
**CHS:** Softball vs Oologah - 2:30 pm & vs Miami - 5:30 pm all at Miami  
**CPS:** School Board Meeting - 6:30 pm

**Tuesday, Sept. 15**

**MENU:** Breakfast: Egg Omelet with biscuit, fruit and milk  
Lunch: Chili cheese nacho, refried beans, salad bar, salsa, Mexican cornbread, chilled fruit and choice of milk

**ACTIVITIES:**

**AES:** Progress Reports  
Teacher's Meeting - 3:15 pm  
**CMS:** Mail out Progress Reports  
**CHS:** Teacher's Meeting - 7:50 am  
Softball at Foyil - 4:30 pm  
CHS Book Club Meeting at Chapters Book Store - 3:30 pm

**Wednesday, Sept. 16**

**MENU:** Breakfast: Breakfast burrito with juice and milk  
Lunch: Teriyaki chicken bites, egg roll, green peas, oriental rice, chilled pineapple and choice of milk

**ACTIVITIES:**

**CMS:** Teacher's Meeting - 7:45 am  
**CHS:** FCA Meeting - Elect Officers - 7:50 am  
Club Day - AM (Regular lunch)  
Softball vs Vinita - 4:00 pm

**Thursday, Sept. 17**

**MENU:** Breakfast: Biscuit with sausage gravy, fruit and milk  
Lunch: Cheese burgers, french fries, hamburger fixings, salad bar, fruit juice, brownie and choice of milk

**ACTIVITIES:**

**CHS:** Constitution Assembly - 9:30 am  
**CPS:** Parent/Teacher Conferences (3:30 pm - 6:30 pm)

**Friday, Sept. 18**

**CPS:** NO SCHOOL  
**CHS:** Football vs Foyil - 7:30 pm

**Saturday, Sept. 19**

**CHS:** Cheerleading Regionals at Broken Arrow - 1:00 pm