



Commerce Public Schools Weekly Bulletin September 24 - 29, 2012



Monday, September 24

MENU: Breakfast: Peanut butter sandwich, fruit juice and choice of milk
Lunch: Spaghetti with meat sauce, garden salad, seasoned peas (9-12), french garlic bread (9-12), fresh grapes, chilled fruit (9-12) & choice of milk

ACTIVITIES:

CMS/CHS JV: Football vs Fairland 6:30 pm
CHS: Speech & Drama Meeting at 3:05 pm
Softball at Miami (1-7) 4:00 pm

Tuesday, September 25

MENU: Breakfast: Biscuit sandwich, fruit juice and choice of milk
Lunch: Pig-in-a-blanket, potato wedges, broccoli with cheese, fresh apple, jello, fruit juice (9-12) and choice of milk

ACTIVITIES:

CHS: Art Club Meeting (7:45 am) Mr. Earll's room

Wednesday, September 26

MENU: Breakfast: Whole grain cereal, graham crackers, fruit juice and choice of milk
Lunch: Chicken wrap, romaine & tomato mix, spanish rice (6-12), steamed carrots, tropical fruit, fresh fruit (9-12) and choice of milk

ACTIVITIES:

CHS: Spanish Club (7:45 am) Mr. Shepherd's room

Thursday, September 27

MENU: Breakfast: Pancake on stick with syrup, fruit juice & choice of milk
Lunch: Taco Salad, whole grain corn tortilla chips, salsa, refried beans, cinnamon puff, pineapple tidbits, fruit juice (9-12) and choice of milk

ACTIVITIES:

AES: Red Wheel Delivered - 3:00 pm to 6:00 pm in gym
CHS: NEO College Fair - Srs. leave at 9:10 am & return 11:55 am
Softball Regionals tbd

Friday, September 28

MENU: Breakfast: Biscuit, sausage gravy, fruit juice and choice of milk
Lunch: Chicken and noodles, mashed potatoes, green beans, wheat roll & jelly (9-12), orange wedges, chilled fruit (9-12) and choice of milk

ACTIVITIES:

CHS: Softball Regional tbd
Varsity Football at Kansas 7:00 pm

Saturday, September 29

CHS: Softball Regional tbd