



**Commerce Public Schools  
Weekly Bulletin  
October 1 - 5, 2007**



**Monday, October 1**

**MENU:** Breakfast: Choice between breakfast pizza or cereal with toast, juice and milk  
Lunch: Taco's, shredded lettuce, shredded cheese, seasoned corn, chilled applesauce and choice of milk

**ACTIVITIES:**

**AES:** Rise and Shine Assembly  
**CHS:** FCCLA/FACS - Blue & Gold Sausage Sales begin

**Tuesday, October 2**

**MENU:** Breakfast: Choice between waffles with sausage patty, juice and milk  
Lunch: Chicken patty on wheat bun, salad bar, fresh veggies with ranch dressing, wacky cake and choice of milk

**ACTIVITIES:**

**AES:** Teacher's Meeting - 3:15 pm  
**CHS:** Sign Language Club Meeting (Mrs. Napier's Room) 7:45 am  
Letterjacket Sales Rep. - 8:30 am

**Wednesday, Oct. 3**

**MENU:** Breakfast: Choice between scrambled eggs with toast or cereal with toast, juice and milk  
Lunch: Chicken fry, mashed potatoes with gravy, green beans, biscuit and choice of milk

**ACTIVITIES:**

**CMS:** 8<sup>th</sup> grade, G/T & Student Council trip to Tulsa State Fair  
**CHS:** SADD Meeting (cafeteria) 7:45 am  
OSU Rep. for interested Seniors (cafeteria) 10:10 am

**Thursday, October 4**

**MENU:** Breakfast: Choice between biscuit with sausage gravy or cereal with biscuit, juice and milk  
Lunch: Rib patty on bun, french fries, salad bar, chilled peaches and choice of milk

**ACTIVITIES:**

**CHS:** FCCLA trip to Tulsa State Fair  
NEO Fine Arts Day - 8:25 am

**Friday, October 5**

**MENU:** Breakfast: Cereal with big ring donut, juice and milk  
Lunch: Meat loaf,  $\frac{1}{2}$  baked potato, cheesy broccoli, salad bar, hot roll and choice of milk

**ACTIVITIES:**

**CHS:** Football at Fairland - 7:30 pm

