



# Commerce Public Schools Weekly Bulletin October 8 – 12, 2012



## *Support Personnel Week*

Monday, October 8  
Columbus Day - Observed

MENU: Breakfast: Pancakes & syrup, sausage patty, fruit juice and milk  
Lunch: Sausage pizza, tossed salad, garlic bread stick with marinara sauce, fresh bananas and choice of milk

ACTIVITIES:

CMS: Pep Assembly  
Football vs Foyil 6:00 pm  
CHS: Academic Team practice during members lunch period (library)  
CPS: School Board Meeting 6:30 pm

Tuesday, October 9

MENU: Breakfast: Whole grain pop tart, whole grain cereal, fruit juice and choice of milk  
Lunch: Italian pasta bake, green pepper strips & fresh baby carrots with ranch dressing, whole wheat bread & jelly (9-12), applesauce, royal brownie and choice of milk

ACTIVITIES:

CHS: Teacher's Meeting 7:50 am  
Teacher's will provide lunch for the support personnel  
Marine Corp will be available to visit during both lunches

Wednesday, October 10

MENU: Breakfast: Breakfast burrito, fruit juice and choice of milk  
Lunch: Taco burger on a whole grain bun, romaine & tomato, refried beans, black bean & corn, salsa, whole grain corn tortilla chips (9-12), sliced pears and choice of milk

ACTIVITIES:

CMS: Teacher's Meeting 7:45 am  
CHS: Academic Team practice during members lunch period (library)

Thursday, October 11

MENU: Breakfast: Cereal bar, string cheese, chilled fruit and choice of milk  
Lunch: Chicken patties, mashed potatoes & gravy, green beans, whole wheat roll & jelly (6-12), orange wedges and choice of milk

ACTIVITIES:

CHS: NHS Meeting (library) 7:50 am  
Josten reps. will return for orders – seniors 9:00 & soph. to follow  
Mr. Buttram will provide lunch for the support personnel  
CPS: All School Pictures 9:00 am

Friday, October 12  
End of 1<sup>st</sup> Quarter

MENU: Breakfast: Biscuit with sausage gravy, fruit juice and choice of milk  
Lunch: Hot ham & cheese on whole grain bun, potato wedges, fresh broccoli with ranch dressing, fresh grapes, chocolate chip cookie (9-12), and choice of milk

ACTIVITIES:

AES: Mrs. Wright's Kindergarten to the Fire Station  
CPS: Pep Assembly 2:45 pm

Saturday, October 13

CHS: Band will march in NEO Homecoming Parade