



**Commerce Public Schools  
Weekly Bulletin  
October 31 - Nov. 6, 2011**



**Monday, October 31  
Halloween**

**MENU:** Breakfast: Whole grain breakfast, juice and milk  
Lunch: Ghost rings, spider web fries, green cat eyes, skeleton greens, frozen slime, jack-o-lantern round and witch brew

**ACTIVITIES:**

**AES:** Halloween parties, parade begins at 1:00 pm  
**CMS:** 6<sup>th</sup> grade Quapaw Basketball Tournament - Quapaw 5<sup>th</sup> vs Commerce G 7:00/B 6:00(New Gym)

**Tuesday, November 1**

**MENU:** Breakfast: Waffles, syrup, sausage link, fruit and milk  
Lunch: **AES:** Hamburger patty with brown gravy, whipped potatoes, seasoned green beans, salad bar, whole grain roll and milk **CMS/CHS:** Seasoned chicken patty on whole grain bun, sweet potato fries, creamy coleslaw, salad bar, pudding and milk

**ACTIVITIES:**

**AES:** Third grade to George Washington Carver National Monument - Leave 8:30 am Return 2:30 pm  
**CMS:** Untitled Skate Boarding Presentation  
6<sup>th</sup> grade Quapaw Basketball Tournament- CMS vs Wyandotte G 6:00/B 7:00 (Main Gym)

**CHS:** Man-Up - SE Baptist Church

**Wednesday, November 2**

**MENU:** Breakfast: Cereal, toast, jelly, fruit juice and milk  
Lunch: **AES:** Seasoned chicken patty on whole grain bun, sweet potato fries, creamy coleslaw, salad bar, pudding and milk **CMS/CHS:** Salisbury steak with brown gravy, whipped potatoes, seasoned green beans, salad bar, with whole grain roll and milk

**ACTIVITIES:**

**CMS:** 6<sup>TH</sup> grade Quapaw Basketball Tournament tbd  
**CHS:** College visit - Labette County College - 3<sup>rd</sup> hour

**Thursday, November 3**

**MENU:** Breakfast: Yogurt, muffin, fruit and milk  
Lunch: **AES:** Cheesy bread stick with marina sauce, steamed cauliflower, salad bar, chilled mandarin oranges and milk **CMS/CHS:** Lasagna, steamed cauliflower, salad bar, chilled mandarin oranges, slice of french bread and milk

**ACTIVITIES:**

**CHS:** NHS Meeting in library 7:45 am  
Football Booster Club Chili Supper 5:00 pm - 6:30 pm  
Pep Assembly 2:30 pm Senior Night 6:30 pm CHS vs Quapaw 7:00 pm

**Friday, November 4**

**MENU:** Breakfast: Biscuit with sausage gravy, fruit juice and milk  
Lunch: Cheeseburger, baked chips, burger fixings, California mix vegetables, salad bar, peaches, brownie and milk

**ACTIVITIES:**

**AES:** PK to Springfield Zoo - Leave 8:00 am Return 5:00 pm

**Saturday, November 5**

**CHS:** STUCO leaves for State Conference

**Sunday, November 6**

**Daylight Savings Time (Fall Back)**