



Commerce Public Schools Weekly Bulletin November 5 - 11, 2012



Monday, November 5

MENU: Breakfast: Peanut butter sandwich, fruit juice and choice of milk
Lunch: Chicken & noodles, mashed potatoes, green beans, wheat roll & jelly (9-12), orange wedges, chilled fruit (9-12) and choice of milk

ACTIVITIES:

CMS: Afton 6th Grade Basketball Tournament (vs Afton G 7:00 pm B 8:00 pm)
CHS: STUCO State Convention - Pryor

Tuesday, November 6
Election Day

MENU: Breakfast: Biscuit sandwich, chilled fruit juice and choice of milk
Lunch: Hot dog with fixings, potato wedges, broccoli w/cheese, fresh apple wedges, jello, chilled fruit juice (9-12) and choice of milk

ACTIVITIES:

CMS: Afton 6th Grade Basketball Tournament (vs Bluejacket G 7:00 B 8:00)

Wednesday, November 7

MENU: Breakfast: Whole grain cereal, graham crackers, fruit juice and choice of milk

Lunch: Chicken wrap, romaine & tomato mix, spanish rice (6-12), steamed carrots, fresh citrus fruit cup, chilled fruit (9-12) and choice of milk

ACTIVITIES:

CHS: Rogers State University Rep will meet with students in library at 10:05
Sophomores & Alt. Ed to NE Tech Center - leave 11:50 & return 2:50

Thursday, November 8

MENU: Breakfast: Pancake on stick with syrup, fruit juice and choice of milk
Lunch: Taco salad, whole grain corn chips, salsa, refried beans, cinnamon puff, pineapple tidbits, chilled fruit juice (9-12) and choice of milk

ACTIVITIES:

CMS: Afton 6th Grade Basketball Tournament TBD
CHS: NHS Meeting 7:50 am
Football Bonfire 6:30 pm

Friday, November 9

MENU: Breakfast: Biscuit, sausage gravy, fruit juice and choice of milk
Lunch: Spaghetti w/meat sauce, garden salad, seasoned peas (9-12), French garlic bread (9-12), fresh grapes, chilled fruit (9-12) and choice of milk

ACTIVITIES:

CMS: Veterans Day
CHS: Spanish Club Meeting 7:45 am
Veterans Day Assembly 1:20 pm
1st Round Football Playoffs (Home Game) 7:30 pm

Saturday, November 10

CMS: Afton 6th Grade Basketball Tournament TBD
CHS: Academic Team Meet @ Adair

Sunday, November 11

Veteran's Day