



*Commerce Public Schools
Weekly Bulletin
November 11 - 15, 2013*



Monday, November 11
Veteran's Day

MENU: Breakfast: Peanut Butter Sandwich, Fruit Juice and Choice of Milk
Lunch: Taco Salad, Whole Grain Corn Tortilla Chips & Salsa, Refried Beans, Pineapple Tidbits, Whole Grain Oatmeal Cookie, Fresh Fruit (9-12) and Milk

ACTIVITIES:

AES: Veteran's Day Assembly 1:30 pm in gym – The community is invited.
CMS: Veteran's Day
CHS: Speech Meeting 7:50 pm
Veteran's Day Assembly 9:00 am
CPS: School Board Meeting 6:30 pm

Tuesday, November 12

MENU: Breakfast: Hormel Breakfast Bar, Biscuit, Fruit Juice and Milk
Lunch: Meal Loaf, Mashed Potatoes w/Gravy, Green Beans, Whole Wheat Roll, Orange Wedges, Canned Fruit (9-12) and Milk

ACTIVITIES:

CMS: Teacher's Meeting

Wednesday, November 13

MENU: Breakfast: Pancake on a Stick with Syrup, Fruit Juice and Milk
Lunch: Chicken Wrap, Romaine and Tomato Mix, Spinach Rice (6-12), Steamed Carrots, Mixed Fruit Cup, Fresh Fruit (9-12) and Milk

ACTIVITIES:

CPS: Progress Reports
CMS: Basketball vs Welch 6G-6B 12:00 pm
CHS: Teacher's Meeting 7:50 am

Thursday, November 14

MENU: Breakfast: Whole Grain Cereal, Whole Grain Toast, Fruit Juice and Milk
Lunch: Spaghetti w/Meat Balls, Garden Spinach Salad, Seasoned Peas (9-12), Whole Grain Garlic Bread, Fresh Grapes, Canned Fruit (9-12) and Milk

ACTIVITIES:

CPS: School Picture Retakes, Senior Panel Retakes, & CMS & CHS Club & Organizations Pics
CHS: Prom Meeting 7:45 am
Sophomores to NE Tech, Afton 12:30 – 3:00

Friday, November 15

MENU: Breakfast: Biscuit, Sausage Gravy, Fruit Juice and Milk
Lunch: Hot Dog, Seasoned Fries, Fresh Broccoli/Carrots w/Fat Free Ranch Dressing, Apple Wedges, Canned Fruit (9-12) and Milk

ACTIVITIES:

AES: PK Field Trip to Springfield Dickerson Zoo L8:15 am R4:30 pm
CHS: **1st Round Football Playoff Game** vs Chelsea 7:30 pm

OLD FASHION BEAN FEED AND BAKE SALE

(Hot Dogs available upon request)

Friday, November 15, 2013, Commerce High School Cafeteria 4:30 to 6:30 pm

Buy a chance for 2 Ok City Thunder Basketball Tickets for a game during the 2013-2014 season
Drawing will be held during the half-time of the CHS Play-Off Game
Need not be present to win

All proceeds will go to Debbie Cook's family to help with medical expenses