

Commerce Public Schools Weekly Bulletin November 12 – 16, 2012



Monday, November 12

MENU: Breakfast: Breakfast pizza, chilled fruit juice and milk

Lunch: Baked ham, baked beans, fresh broccoli with fat free ranch dressing, angel

biscuit & jelly, orange smiles, chilled fruit (9-12) and choice of milk

ACTIVITIES:

AES: Veterans Day Assembly 1:30 pm in the gym

CMS: Quapaw 8th Grade Basketball Tournament (G - 7:00 pm B - Commerce1

6:00 pm B - Commerce 2 8:00 pm)

CPS: School Board Meeting 6:30 pm

Tuesday, November 13

MENU: Breakfast: Waffles, syrup, sausage link, chilled fruit juice and milk

Lunch: Macaroni & cheese, meat balls, seasoned peas, fresh baby carrots, whole wheat bread & jelly (9-12), apple wedges, fruit juice (9-12) and choice of milk

ACTIVITIES:

CMS: Quapaw 8th Grade Basketball Tournament (G - 7:00 pm B – Commerce 1

6:00 pm B – Commerce 2 8:00 pm

CHS: Teacher's Meeting 7:50 am

Pitt State College Rep. visit at 10:05 am

Wednesday, November 14

MENU: Breakfast: Yogurt, muffin, chilled fruit juice and milk

Lunch: Chili, whole grain corn chips, celery & cucumbers, rosy applesauce,

graham crackers, fresh fruit (9-12) and choice of milk

ACTIVITIES:

AES: PK Field Trip to Springfield Zoo & Chuck E Cheese L8:15 am R4:30 pm

CMS: Teachers Meeting 7:45 am

CHS: Jr. Prom Meeting at 7:50 am

GT trip to Greenbush

CPS: Progress Reports Go Out

Thursday, November 15

MENU: Breakfast: Cereal, toast, jelly, chilled fruit juice and milk

Lunch: Sliced turkey with dressing, mashed potatoes with gravy, green beans, wheat roll, pumpkin pie with topping, fruit juice (9-12) and choice of milk

ACTIVITIES:

CHS: FCA Meeting at 7:50 am

Club Pictures & Retakes start at 9:00 am

Senior Panel Pictures at 10:00 am

CPS: School Picture Retakes

Friday, November 16

MENU: Breakfast: Biscuit with sausage gravy, chilled fruit juice and milk

Lunch: Hamburger on a bun, romaine & tomato, sweet potato fries, fruit cocktail,

rice crispy bar, fresh fruit (9-12) and choice of milk

ACTIVITIES:

CHS: 2nd Round Football Playoff Games 7:30 pm