



Commerce Public Schools Weekly Bulletin November 16 - 20, 2009



Monday, November 16

MENU: Breakfast: Pancake on stick, fruit and milk
Lunch: Pizza, buttered corn, salad bar **AES:** sherbet cup **CMS/CHS:** peanut butter bars and choice of milk

ACTIVITIES:

AES: Rise and Shine Assembly
CMS: Quapaw 8th Grade BB Tournament (G @ 7:00 pm, B @ 8:00 pm)

Tuesday, November 17

MENU: Breakfast: Long John with cereal, juice and milk
Lunch: Sloppy joe's, seasoned curly fries, pickle wedge, salad bar, chilled pineapple and choice of milk

ACTIVITIES:

AES: Teacher's Meeting 3:15 pm
CMS: Quapaw 8th Grade BB Tournament (G @ 7:00 pm, B @ 8:00 pm)
CHS: Spanish Club lunch at El Vallarta 10:55 am
CPS: Progress reports

Wednesday, November 18

MENU: Breakfast: **AES:** Biscuit with sausage gravy, fruit and milk
CMS/CHS: PBJ sandwich, chilled fruit and choice of milk
Lunch: **AES:** Turkey gravy over mashed potatoes **CMS/CHS:** Slice of turkey, mashed potatoes with gravy, dressing, seasoned green beans, hot roll, pumpkin pie and choice of milk

ACTIVITIES:

CHS: Club Day - Afternoon

Thursday, November 19

MENU: Breakfast: Breakfast bagel, juice and milk
Lunch: **AES/CMS:** Fish stick, smiley potatoes, broccoli, salad bar, pudding and choice of milk **CHS:** Ground beef stroganoff over noodles, buttered carrots, salad bar, chilled pineapple and choice of milk

ACTIVITIES:

AES: Vision Screenings
CMS: Quapaw 8th Grade BB Tournament
CHS: Josten's will deliver class rings 9:00 am

Friday, November 20

MENU: Breakfast: Biscuit with sausage gravy, fruit and milk
Lunch: Hot ham and cheese sandwich, pasta salad, salad bar, chilled mandarin oranges and choice of milk

ACTIVITIES:

AES: Vision Screenings
CHS: 2nd Round Football Playoffs 7:30 pm