



**Commerce Public Schools
Weekly Bulletin
November 30 - December 4, 2009**



Monday, November 30

**MENU: Breakfast: French toast stick with sausage link, juice and milk
Lunch: Chicken patty on bun, curly fries, salad bar, chilled fruit and choice of milk**

ACTIVITIES:

**AES: Rise and Shine Assembly
CMS/CHS: Basketball @ Welch (7B-9G-9B) 5:30 pm**

Tuesday, December 1

**MENU: Breakfast: Cereal with pop tart, fruit and milk
Lunch: Spaghetti, broccoli with cheese sauce, salad bar, slice of Italian bread and choice of milk**

ACTIVITIES:

**AES: Teacher's Meeting 3:15 pm
CHS: Basketball @ Fairland 6:30 pm**

Wednesday, December 2

**MENU: Breakfast: Breakfast pizza with juice and milk
Lunch: Taco's, shredded cheese, salsa, refried beans, salad bar, pudding and choice of milk**

ACTIVITIES:

**CMS: Teacher's Meeting 7:45 am
AR Pizza Party 7th hour
CHS: MSSU College Representative will visit with juniors & seniors at 1:20 pm**

Thursday, December 3

**MENU: Breakfast: Breakfast pizza with juice and milk
Lunch: Chicken fry, mashed potatoes with gravy, seasoned green beans, hot roll and choice of milk**

ACTIVITIES:

**CMS: G/T to Claremore Will Rogers Museum 8:30 am - 2:30 pm
Basketball vs Fairland (7G-7B-8G-8B) 4:30 pm**

Friday, December 4

**MENU: Breakfast: Biscuit with sausage gravy, juice and milk
Lunch: Cheeseburger, tator tots, salad bar, dessert and choice of milk**

ACTIVITIES:

**AES: Trash 2 Treasure
CHS: Basketball vs Bluejacket 6:30 pm**