



*Commerce Public Schools  
Weekly Bulletin  
December 9 - 14, 2013*



Monday, December 9

MENU: Breakfast: French Toast Sticks w/Syrup, Fruit Juice and Milk  
Lunch: Whole Grain Corn Dog, Garden Spinach Salad w/Fat Free Ranch Dressing, Seasoned Peas, Apple Wedges, Canned Fruit (9-12) and Milk

ACTIVITIES:

CMS: Basketball vs Bluejacket (6B-7G-8B-9G) 4:30 pm  
CHS: Art Club Meeting 7:45am  
CPS: School Board Meeting 6:30 pm

Tuesday, December 10

MENU: Breakfast: Whole Wheat Bagel w/Toppings, Yogurt, Fruit Juice and Milk  
Lunch: Beef & Noodles, Mashed Potatoes, Steamed Cauliflower, Whole Grain Roll, Pineapple Tidbits, Fruit Juice (9-12) and Milk

ACTIVITIES:

CHS: FCCLA Start Events - Grove  
Oral Roberts University Rep. will meet with any senior interested in attending ORU 10:05 am  
FCCLA Meeting – After School  
Varsity Basketball vs Welch 6:30 pm

Wednesday, December 11

MENU: Breakfast: Breakfast Pizza, Fruit Juice and Milk  
Lunch: Cowboy Cavatina, Tossed Salad w/Romaine, Green Beans, Cheesy Biscuit, Banana, Canned Fruit (9-12) and Milk

ACTIVITIES:

CMS: 6G-6B Basketball at Welch 12:00 pm  
CHS: FCA Meeting 7:45 am  
CHS: NEO A&M College Rep. will meet with any senior interested in attending NEO

Thursday, December 12

MENU: Breakfast: Bug Bites, Whole Grain Cereal, Fruit Juice and Milk  
Lunch: Chicken Fajita, Salsa and Whole Grain Corn Tortilla Chips, Refried Beans, Mandarin Oranges, Fruit Juice (9-12) and Milk

ACTIVITIES:

AES: Christmas Concert – NEO Fine Arts (PK-2<sup>nd</sup>) 6:30 pm (3<sup>rd</sup> – 5<sup>th</sup>) 7:30 pm  
CMS: Basketball at Wyandotte (6G-8G, 7B-8B-9B) 5:00 pm  
CHS: Labette Community College Rep. will meet with any senior interested in attending LCC (Parsons, KS) 12:25 pm

Friday, December 13

MENU: Breakfast: Biscuit with Sausage Gravy, Fruit Juice and Milk  
Lunch: Grilled Cheese Sandwich, Chicken Vegetable Soup, Fresh Baby Carrots, Fat Free Ranch Dressing, Rosy Applesauce, Fresh Fruit (9-12) and Milk

ACTIVITIES:

CHS: Varsity Basketball at Fairland 6:30 pm

Saturday, December 14

CMS/CHS: TSA Mini-Conference - Cherokee Strip-Pioneer Technology Center  
CHS: Science Club Field Trip 8:30 am - 4:00 pm

Local Christmas Parades: Quapaw 12:00 pm Miami 4:00 pm Commerce 6:00 pm